

Sessions

Each category has five session options

Energize

Start your day with any of these sessions or use as a caffeine-free burst of energy. Also used to reduce ADD, SAD and fibromyalgia symptoms.

Meditate

Relax with these sessions designed to help you reach meditative states and also to help with your creative visualization.

Brain Booster

Improve your mental functioning, focus, and memory. You can also use with the Tru-Vu Omniscreen viewhole eyesets to improve reading.

Sleep

Get a better night's sleep. Helps with onset of sleep and reduce insomnia.

Mood Booster

Settle down negative emotions and thoughts. Also used for fibromyalgia and hypertension. Includes extended session for massage or dental appointments.

User Defined

Design and save your own sessions.



WARNING

Do **NOT** use the DAVID Delight Pro if you have a history of epilepsy, photic epilepsy or any seizure disorder or if you have a pacemaker .

The DAVID Delight Pro is licensed by Health Canada as a class 1 medical device to reduce cognitive decline, ADD, SAD, depressed mood, insomnia and anxiety.

DAVID Delight Pro



Enjoy your journey to feeling better with Brainwave Entrainment and Cranial-Electro Stimulation



Combining AVE and CES all in one device!

What can the DAVID Delight Pro be used for?

Relaxation

Our meditation sessions can help you achieve meditative mind states in just a couple of sessions that can normally take years to achieve.

Attention and Learning

Our Brain Boosting sessions have been clinically proven to reduce the symptoms of ADD/ADHD and improve academic performance.

Seasonal Affective Disorder (SAD)

Our SAD study shows that the DAVID not only improved mood, but that participants also lost weight!

Sleep

Our sleep sessions can help you fall asleep quicker and help you sleep better so that you have more energy in the morning.

Improve Mood

Our mood booster sessions are extremely effective in helping you feel happier and finding life more enjoyable!

Improve Mental Functioning and Performance

Many athletes (including Olympic athletes, professional hockey players, golfers and car racers) have successfully used the DAVID to improve performance.

The DAVID Delight Pro comes with the Delight Pro unit, patented Tru-Vu Omniscreen Multi-Color eyeset, eyeset carry case, headphones, A/C adapter, 9V battery, carry bag, Operator's Manual and one-year warranty.

How does the DAVID Delight Pro work?

Our brains produce four basic brainwave patterns: beta, alpha, theta and delta. A healthy brain will produce specific brainwave patterns for a given function. For example, when we are reading, a healthy brain is producing mostly beta brain waves. Due to chemical imbalances, genetics and/or stress, some people produce inappropriate brainwaves for certain activities. For example, people with ADD produce excessive theta when reading, instead of beta. People with depression are making too much alpha in the left frontal lobe of the brain. By flashing lights with our field-independent Tru-Vu eyesets and pulsing specific tones using headphones, we can gently guide the brain into desired brainwave states. After a short period of time the brain begins to resonate (or mirror) the frequency of the stimulation. Cranial-Electro Stimulation (CES) is a well researched therapeutic technique and enhances the effectiveness of the AVE experience.

Our sessions have been thoroughly tested and are designed based on the most current research findings to ensure the most effective results. The sessions on the DAVID Delight Pro are supported by research studies. Some of these studies include: SAD, stress reduction, insomnia, improved mood, mental sharpness and balance in seniors, and improved concentration and memory in college students. The DAVID Delight Pro sessions are also very effective in helping you reach dissociation states for quicker results.

Heart Rate Variability and Breathing

All DAVID Delight Pro sessions also have a heartbeat sound to help you learn how to breathe more deeply and calmly.

For more information on the DAVID Delight Pro, visit our website at www.mindalive.com

What do I do?

The DAVID Delight Pro is so easy to use! Simply find yourself a comfortable spot where you won't be disturbed. Sessions last an average of 30 minutes. Connect the eyeset and headphones to the DAVID Delight Pro, turn it on and select your session. Close your eyes, lay back, relax and enjoy! It's that simple. The lights and tones will gradually fade out to let you know when the session is over.

Testimonials from happy users!

"I'm extremely happy with the DAVID Delight Pro and can't believe something so small and light can do so much. Now I'm alert, I have abundant energy, and most of all, I'm balanced and happy. Thanks for a great product."

Alan Mauro, Bloomington, Indiana

"Within five sessions I noticed dramatic improvement in my mood."

Joy Kingsborough, USA

"I use the DAVID three times a day and I love it. It has increased my ability to relax, helped me to sleep better and has helped me quit smoking."

Glen Conroy, Boca Raton, Florida

"I personally believe that the DAVID helps significantly in controlling some of the symptoms associated with fibromyalgia."

Vivian Martin, St. Albert, Alberta